

Resources for VA Claims

Primary Sources:

Electronic Code of Federal Regulations

Title 38 – Pensions, Bonuses, and Veterans' Relief

Chapter I – Department of Veterans Affairs

Part 4 - Schedule for Rating Disabilities

Link: <https://www.ecfr.gov/current/title-38/chapter-I/part-4>

M21-1 Adjudication Procedures Manual:

https://www.knowva.ebenefits.va.gov/system/templates/selfservice/va_ssnew/help/customer/locale/en-US/portal/554400000001018/topic/554400000004049/M21-1-Adjudication-Procedures-Manual

M21-5 Appeals and Reviews:

https://www.knowva.ebenefits.va.gov/system/templates/selfservice/va_ssnew/help/customer/locale/en-US/portal/554400000001018/content/554400000126648/M21-5-Appeals-and-Reviews-Table-of-Contents

Useful References:

- Average claim processing time: <https://www.va.gov/disability/after-you-file-claim/>
- Downloadable DBQs: https://benefits.va.gov/compensation/dbq_publicdbqs.asp
- VA 2025 Rates Chart:
https://www.knowva.ebenefits.va.gov/system/templates/selfservice/va_ssnew/help/customer/locale/en-US/portal/554400000001018/content/554400000162183/2024-COLA-Rates
- My Favorite Rating Calculator: <https://www.microhealthllc.com/veterans-calculators/veterans-affairs-va-bilateral-disability-rating-calculator/>